4-10-2022

Making Wishes Known: An Evidence-Based Practice Project for Advanced Care Planning in Oncology

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DOI: [https://doi.org/10.46409/sr.MLKU4237](https://doi.org/10.46409/sr.MLKU4237)

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Making Wishes Known:

An Evidence-Based Practice Project for Advanced Care Planning in Oncology

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This Manuscript Partially Fulfills the Requirements for the Doctor of Nursing Practice Program and is Approved by:

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Approved: April 10, 2022
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Abstract

Practice Problem: An advance directive is a tool that patients use to maintain control of their care, plan for potential life events, identify their health proxy and communicate their wishes with their healthcare team. Despite the stated importance, the percentage of patients with completed advance directives in the Oncology clinic was less than 10%. This meant that the majority of patients did not have the tools to make their wishes known to the healthcare team.

PICOT: The PICOT question that guided this EBP project is In adult oncology patients within the outpatient setting, does implementing a formal advanced care planning (ACP) process as compared to usual practice affect completion of advance directives over 8 weeks?

Evidence: Evidence revealed that incorporation of the ACP process into patient interactions by members of the healthcare team increase patients’ completion of advance directives. EMR documentation is evidenced to provide the team with ease of use and ability to track the ACP process.

Intervention: The project incorporates the ACP process into patient interactions with the staff. Incorporation of the ACP process and completion rates for advance directives are drawn from EMR data.

Outcome: There was no statistical difference in the percentage of patients who had advance directives after four weeks. However, the project highlights how nurses in ambulatory care affect metrics associated with quality outcomes through patient advocacy. Furthermore, the project provides a process for nurses to provide their patients the resources they need to take control of their care. The project will be sustained because of the clinical significance.

Conclusion: A formalized ACP process improves ambulatory nursing care by providing patients with resources to make their wishes known.
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Cancer is one of the most devastating disease conditions in the United States (Centers for Medicare & Medicaid Services [CMS], n.d.). According to Epstein et al. (2019), “…no measure of the quality of cancer care is more important than the concordance of care with the patient’s core health-related values” (p. 72). Advance care planning (ACP) is a process that provides the patient a means to communicate their values, wishes, and goals with their healthcare team (Bestvina & Polite, 2017; Bires et al., 2017; Brinkman-Stoppelenburg et al., 2014; Epstein et al., 2019; Hamilton, 2020). Despite the benefits, the percentage of oncology patients that have completed the elements of ACP is still not significant (Bires et al., 2017; Waller et al., 2019). Moreover, without documentation of advance directives, the benefits of having the ACP conversations does not get realized (Waller et al., 2019).

Nurses who work with oncology patients are well-positioned to enhance ACP efforts (Epstein et al., 2019). Nurse-led interventions have been shown to increase patients’ comfort in having ACP conversations, improve overall patient satisfaction and documentation of advance directives (Epstein et al., 2019; Hoverman et al., 2017). The following manuscript elaborates on the implementation of an evidence-based practice (EBP) project for nurses to help increase completion of advance directives by using ACP process.

Significance of the Practice Problem

Epstein et al., (2019) wrote that “…failure to align treatment with [patients’] values is viewed as a medical error” (p. 72). ACP provides healthcare systems the mechanism to know the patients’ values and provide patient-centered care (Bires et al., 2017; Epstein et al., 2019).
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Advance directives that come out of ACP provide the healthcare team with clear direction on how to align the treatment plan with what the patients’ desire (Hoverman et al., 2017).

Impact to Outcomes

There is significant evidence to highlight the benefits of ACP. Advance care planning has been shown to extend the patients’ autonomy, reduce the patients’ and families’ anxieties, and increase alignment with the patients’ end-of-life wishes, thereby improving overall patient satisfaction (Brinkman-Stoppelenburg, 2014). Hamilton (2020) wrote that “…improving patient experience has an inherent value to patients and families and is therefore an important outcome in its own right” (p. 8). Patients who complete their advance directives after ACP have been shown to choose less-aggressive care and still receive higher quality care (Hoverman et al., 2017). Furthermore, completion of advance directives through ACP has been associated with improved patient experience, important financial indicators and improved clinical outcomes (Hamilton, 2020).

Among patients diagnosed with cancer, having clear documentation of their care preferences is even more critical. In previous decades, care provided to cancer patients especially at the end-of-life have led to increased health costs that are inversely proportional to their benefit (Waller et al., 2019). Many cancer patients receive painful aggressive therapies at the end of life including unnecessary hospital admissions and demise (Waller et al., 2019). Such experiences could be prevented by having advance directives and alignment to the documented patients’ wishes (Waller et al., 2019).

Standards of Care

In 2013, the Institute of Medicine (IOM) cited ACP as an important quality indicator in the provision of care for oncology patients (Levit et al., 2013). Professional organizations, such
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as the American Society of Clinical Oncology (ASCO), advocate for the implementation of ACP as a standard of care for oncology patients (Narang et al., 2015; Peppercorn et al., 2011). In response, Centers for Medicare & Medicaid Services [CMS] (2016) developed the Oncology Care Model (OCM) that, in part, required ACP in oncology patients for hospital systems to be paid for services to their oncology population.

Current Practice

The organization for the project recognized the importance of ACP in all aspects of care provision especially with the oncology patients. The current practice around ACP involves conversations with providers at random points in the continuum of care. The nurses who work in the oncology department are not active participants in the ACP process. There is no data to capture how the ACP process leads to completion of advance directives. The percentage of adult oncology patients with completed advance directives in their EMR has been around 10% for the past two years.

PICOT Question

The PICOT question that guided this EBP project is In adult oncology patients within the outpatient setting, does implementing a formal advanced care planning process as compared to usual practice affect completion of advance directives over 8 weeks?

The population of interest were adult oncology patients 18 and older who are seen at the outpatient Oncology Clinic of the practicum site. The population included patients who do not have documented advanced directives or Physician Order of Life Sustaining Treatment (POLST) in their EMR. This included all patients seen at the clinic regardless of the type of cancer diagnosis and the time they were diagnosed. The intervention involved the implementation of the ACP process into patient interactions. There is currently no specific process utilized in the
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oncology department to increase completion of advance directives. The usual practice for the medical center involves unstructured conversations between the patient and their providers at random points of their diagnosis. The outcome measurement was the percentage of patients with completed advance directives in their EMR. The timeframe for the implementation is four weeks.

Evidence-Based Practice Framework and Change Theory

Melnyk and Fineout-Overholt (2019) related the importance of using models for EBP and change to successfully implement an EBP practice change. The Johns Hopkins Nursing Evidence-Based Practice (JHNEBP) model was incorporated as the EBP model and Kotter’s 8-step process for leading change was used for the project.

Johns Hopkins Nursing Evidence-Based Practice Model

The JHNEBP model provides steps that can align evidence with practice (Dang & Dearholt, 2017). This model was selected for the project implementation for its streamlined approach to problem-solving and practical application. The model involves the three steps: practice question, evidence, and translation (Dang & Dearholt, 2017).

Following the JHNEBP model, the next steps were to review the best available evidence around ACP and how it affected completion of advance directives. The evidence in the literature serves as the foundation for the changes to nursing care related to the EBP project.

Kotter’s Change Model

Kotter’s change model includes eight steps to accelerate change used to implement the EBP project. Kotter’s model outlines two fundamental reasons that drive change: to increase revenue or reduce costs, and become more effective or efficient (Kotter, 2020). As connoted by Kotter’s model an eight-step process leads to change: 1) create a sense of urgency, 2) build a
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strong coalition, 3) form a strategic vision, 4) enlist a volunteer army, 5) enable action by removing barriers, 6) generate short-term wins, 7) sustain acceleration, and 8) institute change.

Kotter’s 8-step model fit well with the organization’s current culture. The organization has a culture that encourages innovation and practice changes, and involvement of key stakeholders in developing any change project’s mission. The organization’s leadership understood that the success of change projects involves active participation from the nurses and other members of the healthcare team. They also recognized that their role as leaders is served by removing barriers and celebrating early wins with the staff and the patients. The leaders appreciated that successful practice changes are ones that are sustained and yield long-term results for the patients as well as meeting objectives for the organization.

Evidence Search Strategy

The databases used for the literature search were CINAHL, PubMed and OVID. These databases were used because of their availability from the University of St. Augustine (USA) Library as well as that of the implementation site. The MESH search phrases used were (oncology OR cancer OR neoplasm) AND (advance* care plan* OR advance* directive OR code status) AND (electronic medical record OR electronic health record OR EMR OR EHR) AND (code status OR documentation OR completion). Inclusion criteria were research articles with all adult population. Filters were applied to narrow the search to peer-reviewed articles published in the English language. The search was not limited to full text articles only to ensure that all articles that met the criteria were reviewed. The search time frame used was from 1995 to current; this was to ensure that relevant articles published earlier could be appraised for inclusion in the body of evidence. The strategy included ancestry search of articles that were initially reviewed. Excluded from the evidence reviewed were articles that cited strategies that did not
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include EMR processes, those conducted in the inpatient areas such as the intensive care units (ICU) or emergency departments (ED) and studies pending results. The PRISMA diagram is included in the appendix as Figure 1.

Evidence Search Results

The search strategy indicated above yielded a total of 234 abstracts that were reviewed. The inclusion and exclusion criteria were used to further evaluate the abstracts to ensure appropriateness. From these abstracts, 26 articles emerged as meeting the set criteria relating to the EBP project. There were five duplicate articles which narrowed down the number of articles reviewed to 21. Upon further review, 12 of these articles were not included in the evidence appraisal. Some of these excluded articles did not specify the EMR intervention implemented, had outcomes associated with patient engagement or clinician confidence, or had ongoing data collection or analysis. Five more articles were included after conducting a manual search of included references in the articles. Ultimately, there are 14 articles included in the body of evidence used to guide the EBP study process. The evidence tables with the included articles, their level and quality are included as (Appendix A and B) of the proposal.

Four of the articles are included in the evidence are systematic reviews. The number of articles included in the systematic reviews ranged anywhere from 15 to 113. Overall, there were a combined 161 articles between the systematic reviews.

There are ten primary source evidence articles that are included in the evidence review. Of these, there were two articles that were published before 2010. The decision to include these articles despite their age was made because of how they were cited multiple times in the other articles.
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The JHNEBP Evidence Level and Quality Guide tool (Dang & Dearholt, 2017) was used to appraise the articles included in the evidence. There was one level I article, seven that were level II and six that were level III. There were 10 articles that had high quality, generalizable findings, three that were good quality and one article that was low quality.

Overall, the evidence included articles that were randomized and non-randomized, quasi-experimental and non-experimental. The overall quality of the evidence is high with results that have statistically significant implications. Using the Strength of Recommendation Taxonomy (SORT) definitions (Ebell et al., 2004), the body of evidence from the literature search was level 1 as it has good-quality patient-oriented evidence. Therefore, using the same SORT definitions by Ebell et al. (2004), the strength of recommendation is A as it was based on consistent and good-quality patient-oriented evidence.

Themes with Practice Recommendations

The evidence review revealed several themes around using a structured process such as ACP, leveraging EMR capabilities, and involving members of the interprofessional team other than physicians.

Advance Care Planning

Advance Care Planning (ACP) provides clinicians with a process to have conversations that are otherwise challenging even for experienced practitioners (Hoverman et al., 2017; Neubauer et al., 2015; Obel et al., 2014; Paladino et al., 2019; Temel et al., 2013; Tung et al., 2011; Turley et al., 2016). ACP has been found to increase documentation of advance directives and code status in the patients’ chart (Hoverman et al., 2017; Neubauer et al., 2015; Obel et al., 2014; Paladino et al., 2019; Temel et al., 2013; Tung et al., 2011; Turley et al., 2016). Other
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outcomes associated with the incorporation of ACP in oncology care included improved patient
and staff satisfaction (Hamilton, 2020).

Leveraging EMR Capabilities

EMR enhancements and capabilities have increased completion of advance directives or
documentation of code status (Hayek et al., 2014; Hoverman et al., 2017; Lindner et al., 2007;
Neubauer et al., 2015; Obel et al., 2014; Paladino et al., 2019; Temel et al., 2013; Tung et al.,
2011; Turley et al., 2016); in majority of the studies, the difference has been statistically
significant (Lindner et al., 2007; Paladino et al., 2019; Temel et al., 2013; Tung et al., 2011;
Turley et al., 2016). Various ways on how the EMR has been utilized to improve completion of
advance directives and code status documentation include the use of alerts and documentation
templates (Neubauer et al., 2015; Obel et al., 2014; Paladino et al., 2019; Temel et al., 2010;
Temel et al., 2013; Tung et al., 2011; Turley et al., 2016).

Healthcare Team

Several articles in the evidence search referenced the roles of members of the health care
team in achieving documentation of advance directives (Hoverman et al., 2017; Lindner et al.,
2007; Neubauer et al., 2015; Obel et al., 2014; Paladino et al., 2019; Temel et al., 2013; Tung et
al., 2011; Turley et al., 2016). Hoverman et al. (2017) wrote of the RN role in initiating ACP
conversations in improving completion of advance directives by implementing the values
assessment. Obel et al. (2014) noted how nurses and members of the health care team other than
just physicians who were instrumental in increasing completion advance directives by initiating
and providing follow-up on ACP.

Multiple Interactions
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All articles included in the synthesis referenced multiple interactions with patients to bring about desired outcomes (Hayek et al., 2014; Hoverman et al., 2017; Lindner et al., 2007; Neubauer et al., 2015; Obel et al., 2014; Paladino et al., 2019; Temel et al., 2010; Temel et al., 2013; Tung et al., 2011; Turley et al., 2016). Interactions from the healthcare team occurred before the initial appointment (Hoverman et al., 2017; Neubauer et al., 2015; Paladino et al., 2019), at the beginning of the initial appointment (Hayek et al., 2014; Lindner et al., 2007; Temel et al., 2013), and days or weeks after the initial conversation until documentation of advance directives or code status (Neubauer et al., 2015; Obel et al., 2014).

Recommendations

The review of the literature answered the PICOT question affirmatively; in other words, in adult oncology patients, the incorporation of a formal ACP process in the nurses’ interaction increased the documentation of advance directives in comparison to usual care.

Based on the overall review of the literature and a rigorous synthesis of the evidence, there are a few recommendations to address the identified practice problem. These recommendations were incorporated into the EBP project. The steps of the project involves 1) incorporation of ACP by the nurses in interactions with patients who meet criteria, 2) acknowledgement of EMR alert, 3) use of template to document ACP into EMR, and 4) involvement of members of the healthcare team other than the physicians to make changes in practice. The steps of the EBP project are included (as Appendix C).

Incorporation of ACP

The recommendation is for ACP to be incorporated into the Oncology clinic nurses’ interaction with the patients. This includes an overview of the importance of having completed
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advance directives, the importance of identifying a healthcare decision maker, and information on resources around ACP that the patient can access (e.g. workshops, website).

EMR Alert and Documentation Template

It is recommended to use the EMR alerts to prompt clinicians to address oncology patients who do not have any advance directives on their charts yet. It is also recommended for the EMR to be organized so the physicians and other members of the healthcare team could use a documentation template to capture any conversations related to ACP and advance directives.

Engagement of Health Care Team

The EBP project involves engagement of members of the healthcare team beyond just the physician to improve completion of advance directives. Nurses could be involved by incorporating ACP into their patient interactions, directing patients to ACP resources, and providing follow up with patients and physicians for incomplete documentation of advance directives.

Setting, Stakeholders, and Systems Change

The organization in which the EBP change project occurred is a service area of a large integrated health system in southern California. The health system integrates hospital services with that of the medical group and health plan. It also provides care across the continuum from in-patient, outpatient and home health services. The organization’s mission is to provide high-quality affordable healthcare that is accessible to its patients and provided with a personal touch (Kaiser Permanente, n.d.). The project was implemented in the outpatient Oncology clinic. This project was implemented in the department with participants being adult oncology patients without advance directives or POLST on record.
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The organization takes great pride in its interprofessional collaboration and their collective focus in making improvements in their care delivery. Organizational leaders recognized the need to improve documentation of advance directives and incorporate ACP into oncology. Early consultation with the chief nursing officer (CNO) was employed to start identifying stakeholders for successful implementation. Aside from the CNO, other stakeholders identified were physician leaders, the local expert for ACP, department manager or department administrator (DA), regional consultant for ACP, frontline staff, information technology (IT) consultant and workflow consultant. Organizational support was confirmed by having a combined meeting with the stakeholders as previously noted.

The sustainability plan involves the incorporation of the recommended process into the nurses’ current practice of the department. Incorporation of ACP into existing practice helps ensure that this is regarded as an improvement effort for better outcomes. Involvement of the local ACP expert and a regional consultant ensure that the project is sustained with both local and regional leadership support. Challenges that may involve technical aspects involving the IT infrastructure, EMR and workflow can be escalated, addressed and managed by the IT and workflow consultants who are assigned at the medical center. A significant aspect of the sustainability plan involves the engagement and empowerment of the front line staff. The staff is given the appropriate education and training along with the assurance of a network of support for the success of the project. The success of the project relies heavily on participation of members of the interprofessional team. The complexity of care involved with oncology patients requires several conversations and interactions with different members of the interprofessional team over a period of time. It is critical that all members of the team know of the importance of ACP and the role they play to keep the messaging and care consistent for the patients. A SWOT analysis
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was conducted as part of the organizational assessment. The SWOT analysis is attached in the proposal (as Appendix D).

The EBP project involved changes at several points in the system. At the macro level, the EBP project required a change in the culture and mindset on the role everyone could play in improving rates of completion of advance directives. Completion of advance directives should now be considered an interprofessional team goal instead of just that of the physicians. At the department level (meso), the change involved how the staff incorporates ACP into their interactions with oncology patients. The change also involved staff getting comfortable with having these type of conversations while still referring the patients to their physicians for any specific questions related to prognosis and treatment. Changes at the micro level involved the using the EMR section for ACP and a documentation template.

**Implementation Plan with Timeline and Budget**

The vision of the project was to increase the percentage of documentation of advance directives among adult oncology patients in the clinic by incorporating ACP into current patient interactions. The long term goal for the project was this: At the end of four weeks, the percentage of adult oncology patients seen in the clinic with advance directives in their EMR would increase by 50% from baseline. Short term goals are reflected as milestones in the project’s timeline (Appendix E). The objectives of the project were: 1) staff review of patients’ EMR for advance directives, 2) incorporation of the ACP process into patient interactions, and 3) documentation of the process into the EMR using a template.

**Project Details and Kotter’s Model**

The details of the project were outlined to align with each step of the Kotter’s model. The initial step involved a presentation of the project that outlined the problem and the
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recommendations from the evidence. The presentation included baseline information on percentage of oncology patients with no documented advance directives in their EMR. The goal of the initial presentation was to get leadership approval and stakeholder buy-in to move forward with the project. The representatives from the stakeholders present during the proposal pitch verbalized their support and approved to move forward with the plan.

After the leadership approval, the approval from the Institutional Review Board (IRB) was sought and team members from stakeholder groups were identified. Once members from the stakeholder groups were identified, the important next step was to bring them together to engage them in the process and implementation itself. It is at this stage of the change process that stakeholder roles were clarified. The team developed a project charter that included the overall project’s vision, scope, long and short-term objectives, and the workflow for the proposed change. The staff implementing the EBP project were educated on why the current practice needed to change and how the EBP changes needed to occur. An outline of the presentation to the staff is included as Appendix F.

Potential barriers to the project were identified; these included time and financial constraints, sudden changes in organizational priorities such as natural disasters, and leadership or staff changes. Regular communication with the nurses through weekly touch points provided information on any barriers and also monitor the project’s progress. The same meetings were the forum to evaluate process measures, discuss any key learnings and celebrate any short-term wins. Real-time feedback to the nurses especially during the initial stages of the change was provided to ensure the acceleration of the right practices while clarifying any confusion. Real-time feedback also provided an avenue to celebrate wins and keep the project momentum going. After four weeks, the data collected was organized and analyzed to draw the overall project
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evaluation. The data was reviewed and compared to that at baseline. The information will then be presented to the stakeholders for their feedback and continued support. It is during this time that a handoff process is started between the project manager and the identified lead who will continue to oversee the process.

**Interprofessional Team**

The success of the project lies in ensuring that there is representation of thought from different members of the interprofessional team. The project manager involved people from several disciplines and professions beginning at the stakeholder conversations to the weekly meetings. The members of the interprofessional team included leaders from the department and the medical center, the providers in the department, the staff incorporating the ACP conversations in their patient interactions, the regional consultant, and the other clinic staff such as medical assistants (MAs) and licensed vocational nurses (LVNs).

**Resources**

The goal for the project was to keep it budget neutral. Table 1 outlines how the project implementation may have financial impact specifically to human resources. Time that the team dedicated to the project was associated with dollar amount of salary and benefits. However, it was not expected for this time to be over and beyond what is normally expected of the team. The student assumed the project manager role during the implementation so there was no associated cost to the department. The change in the practice involved the incorporation of the ACP conversation into existing interactions or visits the RN has with the patient. The addition was not expected to significantly impact the RNs time to warrant overtime pay. With stakeholder support, the time spent by the consultant, educator, informatician and quality coordinator was assumed available towards the project’s success.
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Project Management

Project management was assumed by the student involved in the EBP change. A local leader has been identified for the sustainability of the project.

Results

The EBP project proposal was sent to USAHS EPRC committee for approval. The approved project proposal was then submitted to the organization’s IRB for an expedited review. The support from the practicum site was secured from the CNO of the practicum site after IRB approval.

The project was conducted at the outpatient Oncology clinic of the practicum site over four weeks. Participants of the project were adult patients 18 years and over who did not have advance directives or POLST documented in their EMR. Therefore, patients with documented advance directives or POLST were not be included in the project. The EBP change involved the staff incorporating the ACP process into the interactions with patients who met the criteria. The data was captured directly into the patients EMR. The project manager did not require access to patient information nor store data separately thereby maintaining confidentiality throughout the project.

The project’s outcome measure was the percentage of patients with documentation of completed advance directives. The project utilized data that was already being collected by the quality and analytics department. The analysts who previously performed the data abstraction from the EMR were able to support the project while maintaining their routine processes.

Baseline data of the percentage of adult oncology patients with documented advance directives or POLST was gathered from the EMR data sets prior to implementation.

Data Analysis
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Prior to the project implementation, 905 out of the 3,971 patients had documented advance directives or POLST. At the end of the implementation, there were 882 out of 4,122 oncology patients with completed advance directives or POLST; this was a decrease from the pre-implementation data. Using the unpaired t-test at the $p$ value of $< 0.05$, the difference between the pre- and post-implementation data is not statistically significant (see Table 2 and 3). Further analysis was performed to identify possible factors that affected the data. One thing to note is the increase in the population of patients from the previous month; this increase perhaps affected the percentage value by increasing the denominator. The department managers and hospital leaders shared how the number of patients seen in the Oncology clinic have been rising. This could be further attributed to the organization’s commitment to proactive care and early identification of cancer. On the other hand, the decrease in the actual number of patients with advance directives may have been influenced by contextual factors such as participant demise, change of condition or hospitalization.

Aside from the overall outcome, the project manager utilized process, balancing, financial, and sustainability measures. During the project implementation, the process measure showed that the staff incorporated the ACP process into their patient interactions 124 times. Financial measure did not show overtime hours nor overtime pay incurred by the staff associated with the EBP change. Sustainability measure would involve monitoring the percentage of patients with completed advance directives or POLST every month after initial intervention. Table 4 in the Appendix provides details at a glance on how these measures were retrieved and when.

Clinical Significance
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Perhaps the most important outcome from the project was in its clinical significance to both nursing practice and patient outcomes. This project highlighted the important role of nurses in ambulatory care in patient advocacy. This in-turn also showed how nurses affect metrics associated with quality outcomes. The staff who participated verbalized an understanding on how important their role was not just in addressing current needs but also in helping the patients be actively involved in planning for their future. The staff verbalized how supported they felt about having an interprofessional team to refer the patient for questions that might need further explanation or conversation.

Ultimately, the clinical significance of the project was in helping oncology patients understand the importance of identifying their wishes and making them known to their family and their healthcare team. A documented advance directive is a way that the patients maintain control over their health and bodies at a time where most events occur without it (Epstein et al., 2019). Although the data does not reflect an associated increase in completed advance directives, the interactions with ACP process provided the patients the resources they need to make their wishes known and take control of their care.

Impact

The EBP project aimed to address the problem of having low percentage of oncology patients with documented advance directives. The evidence supported the use of the ACP process in addressing this problem (Hoverman et al., 2017; Neubauer et al., 2015; Obel et al., 2014; Paladino et al., 2019; Temel et al., 2013; Tung et al., 2011; Turley et al., 2016). For this specific EBP change project, the intervention did not result to an increase in documentation of advance directives in the EMR.

Sustainability
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It is important to refer to the body of evidence to ensure sustainability of the change in practice. The incorporation of the ACP process in the outpatient setting by several members of the healthcare team on multiple patient interactions increase the documentation of advance directives that ultimately improve patient outcomes (Brinkman-Stoppelenburg, 2014; Hamilton, 2020; Hoverman et al., 2017; Lindner et al., 2007; Neubauer et al., 2015; Obel et al., 2014; Paladino et al., 2019; Temel et al., 2013; Tung et al., 2011; Turley et al., 2016). Although there was no increase in documentation of advance directives in the EMR between the pre- and post-implementation data, there was documentation of the ACP process being utilized by the staff. This supports what Neubauer et al. (2015) wrote on how implementing an ACP process “can set things in motion, but there remains significant room for improvement” (p. e265).

The change in practice can be sustained with consistent messaging on why having documented advance directives is important and how staff contribute to its completion. The leaders and stakeholders appreciate the importance of the EBP change as a key component of oncology care. They agree that practice should continue with no need for additional funding. The project will be sustained using the same steps of the ACP process and documentation template. The data on how often the staff are using the EMR to document the ACP process will continue to be monitored. This data will be used to provide feedback to the staff and how the practice can be consistently adopted into their workflows. The data on the percentage of oncology patients complete advance directives after the ACP process will also be monitored. Ongoing evaluation of measures, staff feedback, and communication will be continued by an identified lead at the local medical center as well as a regional consultant.

Limitations
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Several factors affect the documentation of advance directives in the EMR (Bestvina & Polite, 2017; Turley et al., 2016). Neubauer et al. (2015) further posited that increasing documentation of advance directives in the EMR is challenging for multiple reasons. There were several factors that influenced the results of the project. The project timeline was shortened because of changes in operational priorities at the time. Four weeks may not have been enough for patients who did receive the ACP intervention to turn in their completed advance directive or POLST to be uploaded into their EMR. The project was also implemented during a time when the department was severely impacted with staffing shortages in contrast to the increased volume of patients. These perhaps affected how often the staff were able to incorporate the ACP process into their interactions.

Dissemination

Dissemination of any outcomes from the change project is a key component of EBP (Dang & Dearholt, 2017). The dissemination is intended to provide the department with the results from the project implementation, reinforce the need to sustain the project, share the experience with peers, and enhance the learning experience of other DNP leaders.

The results of the project were shared with the stakeholder group through virtual meeting platform. The audience included the CNO, the managers of the department, and a few of the staff. The person who was identified to sustain the EBP project was also in attendance. This presentation included the data from the identified process and overall outcomes. The clinical significance of the project as it related to nursing practice and patient outcomes were highlighted during this presentation. This was a critical aspect of the dissemination in order to reinforce the need for sustainability.
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The information related to the EBP project will be shared with peers and colleagues through poster presentation and publication. The poster presentation will focus on the results of the ACP process implementation as well as the EBP process itself. The manuscript will be submitted to the American Academy of Ambulatory Care Nursing (AAACN) for possible publication on ViewPoint. Finally, the completed EBP project manuscript will be submitted to USA’s SOAR for open access.

Conclusion

The documentation of advance directives of adult oncology patients is a critical component of ensuring the quality of care they receive (Epstein et al., 2019). The intention of this project was to use EBP processes to increase the percentage of patients with completed advance directives reflected in their EMR. ACP is a key component of quality care for oncology patients and will soon be used in value-based payment programs (Levit et al., 2013; Narang et al., 2015; Peppercorn et al., 2011). ACP has also been shown to increase documentation of advance directives (Hoverman et al., 2017; Neubauer et al., 2015; Obel et al., 2014; Paladino et al., 2019; Temel et al., 2013; Tung et al., 2011; Turley et al., 2016). The implementation of a formal ACP process into current practice that leverages the EMR and other members of the healthcare team was recommended to provide the necessary structure to achieve the intended outcomes. Clinical outcomes that improved the care the oncology patients experienced from this project may not be statistically significant but are nonetheless important.

The EBP implementation would require system changes to be successful; the use of a change model such as that of Kotter’s can provide guidance so these changes could be achieved. Stakeholder support is not just important to ensure the project is implemented successfully, but is also critical for efforts to sustain improvement (Kotter, 2020). It is also worth noting that a
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change project that is based on the best available evidence not only improves patient outcomes but also validates the role of nurse leaders in translating research into clinical practice (Melnyk & Fineout-Overholt, 2019).
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References

https://doi.org/10.1200/JOP.2017.021246


https://innovation.cms.gov/innovation-models/oncology-care


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Kaiser Permanente. (n.d.). Who we are. https://about.kaiserpermanente.org/who-we-are

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This PRISMA diagram organizes the information revealed with the application of the search strategy. The three databases used were CINAHL, PubMed and OVID. The initial search yielded 234 titles between all three databases. The initial search yielded 234 titles between all three databases. The final number of articles included in the body of evidence is 13.
## Appendix A

### Summary of Primary Research Evidence

<table>
<thead>
<tr>
<th>Citation</th>
<th>Design, Level Quality Grade</th>
<th>Sample</th>
<th>Intervention</th>
<th>Outcome Definition</th>
<th>Usefulness Results Key Findings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hayek et al., 2014</td>
<td>Pre-post design Level II design High quality</td>
<td>Patients seen in an outpatient setting who are &gt;65 years and with chronic conditions including malignancies, AIDS, and stroke 64 patients</td>
<td>Implementation of an EMR prompt by creating an AD problem list on the patients’ chart</td>
<td>Documentation of AD</td>
<td>Charts of patients whose EMR had AD on problem list had more documentation of AD in comparison to those who did not 76% of chart with AD on problem list had AD vs. 11.5% of those without</td>
</tr>
<tr>
<td>Hoverman et al., 2017</td>
<td>Retrospective study Level II design High quality</td>
<td>Patients with advanced breast, colon, lung, or pancreatic cancer of any stage</td>
<td>Use of a ten-question survey values assessment (VA) that can be initiated over the telephone by a RN; the patients are offered counseling</td>
<td>Completion of AD documents Place of death (hospital or hospice)</td>
<td>Initiation of ACP by the nurse using the ten question VA leads to an increase in completion of AD This study shows the importance of multiple touchpoints from members of the HCT including</td>
</tr>
</tbody>
</table>
### MAKING WISHES KNOWN

<table>
<thead>
<tr>
<th>Study</th>
<th>Authors</th>
<th>Design</th>
<th>Sample Size</th>
<th>Sample Description</th>
<th>Intervention</th>
<th>Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>Lindner et al., 2007</td>
<td>Prospective study design pre- and post-intervention</td>
<td>1268 patients</td>
<td>for completion of AD within the first three cycles. Comparison was no VA. Authors used the VA questionnaire from My Choices, My Wishes (MCMW). It did not include information about validity or reliability.</td>
<td>Nurses in the completion of AD for oncology patients</td>
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<tr>
<td></td>
<td></td>
<td>Level II design</td>
<td>Patients admitted to nursing home</td>
<td>EMR was modified so primary clinician was alerted to the need for completion of AD.</td>
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<tr>
<td></td>
<td></td>
<td>Good quality</td>
<td>224 patients in sample</td>
<td>Completion of AD</td>
<td></td>
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<tr>
<td>4</td>
<td>Neubauer et al., 2015</td>
<td>Prospective multi-site non-randomized study</td>
<td>35,147 patients</td>
<td>Implementation of My Choices, My Wishes, with several components: 1) Automated identification of patients with metastatic disease;</td>
<td>Increase of documentation status in varying percentages across clinic sites</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Level II</td>
<td>Cancer patients from multiple clinics from multiple states with metastatic disease</td>
<td>Documentation of code status</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Good quality</td>
<td>35,147 patients</td>
<td>Study supports EMR multiple approaches to improving AD documentation</td>
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</tr>
</tbody>
</table>

**Note:**
- **AD** refers to Advance Directives.
- **EMR** refers to Electronic Medical Records.
<table>
<thead>
<tr>
<th></th>
<th>Study Authors, Year</th>
<th>Study Design</th>
<th>Participant Characteristics</th>
<th>Interventions</th>
<th>Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>Obel et al., 2014</td>
<td>Non-experimental design</td>
<td>Patients with stage IV cancer in an outpatient setting, 48 patients</td>
<td>Creation of a new workflow for ACP that included RN participation starting on the 1st visit; Patient education was provided through the use of guidebooks; Training provided to HCT on the new workflow and how to conduct ACP; Enhancements to EMR included an ACP navigator that had ACP pertinent information and a consistent place to document in the EMR.</td>
<td>Documentation of ACP conversation by clinicians; Completion of AD</td>
</tr>
<tr>
<td>6</td>
<td>Paladino et al., 2019</td>
<td>Cluster randomized trial</td>
<td>Patients at the Dane-Farber Cancer Institute</td>
<td>Included a pre-conversation letter provided to the</td>
<td>Documentation of at least 1 serious illness</td>
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<td></td>
<td>Level I design</td>
<td>High quality</td>
<td>and 2 affiliated satellite clinics</td>
<td>Patients 18 and older where physicians answer “no” to the question “would you be surprised if this patient died in the next year?”</td>
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<td>278 patients</td>
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<td>patients outlining the approach for continuing the ACP conversation after the patient-clinician discussion</td>
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<td>Clinicians were sent prompts through email the day before an outpatient visit</td>
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<td>Physicians used an EMR documentation template to have the conversation</td>
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<td>Physicians in the control group provided usual care and did not receive training nor intervention components</td>
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<td></td>
<td>conversation before death, (2) timing of the initial conversation before death, (3) quality of conversations, and (4) their accessibility in the electronic medical record (EMR).</td>
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<tr>
<td>There were statistically significant more conversations in the intervention group vs control</td>
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<tr>
<td>Intervention resulted in more accessible documentation of patient goals, in the face of life-limiting illness</td>
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<td>This study showed that multiple touchpoints from the HCT, prompts and documentation templates increase completion of documentation</td>
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<tr>
<td>7</td>
<td>Temel et al., 2010</td>
<td>Retrospective study</td>
<td>Patients with metastatic solid tumors at an academic cancer center</td>
<td>Implementation of a code status module in the EMR</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Level III</td>
<td>Low quality</td>
<td>2,498 patients</td>
<td>Documentation of code status</td>
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<td></td>
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<td></td>
<td></td>
<td>Completion of code status was 20.3%</td>
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<tr>
<td>Unable to determine effect of implementation of EMR process; no mention of completion rate prior to implementation</td>
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<tr>
<td>8</td>
<td>Temel et al., 2013</td>
<td>Non-randomized historical control study</td>
<td>Patients seen in the outpatient thoracic oncology clinic</td>
<td>Implementation of email prompts and reminders for patients at the start</td>
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<tr>
<td></td>
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<td></td>
<td></td>
<td>Documentation of code status in EMR</td>
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<tr>
<td>More patients with documented code status in email prompt group vs. no prompt</td>
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</tr>
<tr>
<td>#</td>
<td>Study</td>
<td>Study Design</td>
<td>Population</td>
<td>Intervention</td>
<td>Outcome</td>
</tr>
<tr>
<td>---</td>
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</tr>
</tbody>
</table>
| 9 | Tung et al., 2011 | Retrospective pre- and post-implementation study | Older adults seen in primary care clinics | Multimodal educational intervention and use of clinical decision support system in EMR to prompt discussion | Completion of AD | More patients in intervention group completed AD vs control group (statistically significant)  
21.6% completion rate in intervention group vs. 4.1% in control group; statistically significant difference (p < .001)  
This study supports using EMR prompts along with other approaches (education) to improve completion of AD |
| 10 | Turley et al., 2016 | Retrospective pre- and post-implementation analysis | Patients >65 years and older seen in inpatient and outpatient areas 113,309 patients | Implementation of AD activity tab in the EMR | Documentation of AD | Significantly more patients with AD activity tab had documentation of AD vs those without Documentation of AD and POLST were 3.5 to 9.6 percentage points higher in patients where the activity tab was implemented vs those without |

Legend:
ACP – Advance care plan  AD – Advance directive  HCT – healthcare team
## Appendix B

### Summary of Systematic Reviews (SR)

<table>
<thead>
<tr>
<th>Citation</th>
<th>Quality/ Grade</th>
<th>Question</th>
<th>Search Strategy</th>
<th>Inclusion/ Exclusion Criteria</th>
<th>Data Extraction and Analysis</th>
<th>Key Findings</th>
<th>Usefulness/Recommendation/Implications</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bestvina &amp; Polite, 2017</td>
<td>Level III High Quality</td>
<td>Who Needs ACP and at What Point in the Cancer Care Continuum?</td>
<td>PubMed was the database used. Additional articles were identified from manual reference of identified articles. Articles from 2006 to 2016 were included. 26 total articles included.</td>
<td>Included studies with prospective interventions conducted in outpatient setting. Excluded articles that are currently accruing patients or awaiting data maturation.</td>
<td>Extracted study design and sample size, intervention and length, person conducting ACP session, patient education, results and Downs and Black score.</td>
<td>Five of 26 studies used nurses to conduct ACP. Note template was incorporated into EMR that allowed nurses to begin AD and physicians would complete note on follow up visits.</td>
<td>Having nurses use EMR to start AD and physicians complete resulted with 33 (69%) of 48 patients having a documented advance directive note. Prompts to remind physicians to address ACP were incorporated into four of 26 studies; these</td>
</tr>
<tr>
<td>Brinkmann-Stoppleenburg et al., 2014</td>
<td>Level III</td>
<td>High Quality</td>
<td>What are the effects of ACP on end-of-life care?</td>
<td>Databases: PubMed, EMBASE and PsycINFO</td>
<td>Inclusion criteria: 1. Articles describe empirical study on the effect of ‘advance care planning’ 2. Studies concern quantitative research 3. Outcomes include a. Effects on medical treatment in the last phase of life, including i. Compliance with patients’ end-of-life wishes ii. Medical treatment and care (including use of life-sustaining treatment, hospice and palliative care) iii. Hospitalisation, hospital length of stay and place of death. b. Effects on quality of life and patients’ and families’ satisfaction with care c. Effects on patients’ and families’ prevalence and/or severity of symptoms</td>
<td>Extracted information included study design (observational or experimental), study setting, number of patients studied, type of ACP, type of outcome measures and results and conclusions.</td>
<td>Most studies had an observational design</td>
</tr>
</tbody>
</table>
4. Both intervention and observational studies with control group
5. Studies published on paper in English between January 2000 and December 2012

Exclusion criteria:
1. Studies in which advance care planning is only part of a more complex intervention, for example, studies on the effect of palliative care consultation teams
2. Studies on children
3. Studies on psychiatric patients
4. Studies on hypothetical situations (e.g. vignette studies)
5. Studies solely on effects on costs of care, on (understanding) patients’ preferences or on completion of advance care planning documents

Huber et al., 2018
Level III
What is the efficacy of the use of EHR components to
Databases used: PubMed/MEDLINE, the Cochrane
Included all studies of interventions where EMR was used in
Abstracted data included the study setting, study
Study populations, interventions and
There is evidence of increased ACP documentation
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| High quality | Improve ACP documentation in certain populations? | Central Register of Controlled Trials, EMBASE, Scopus, Cochrane Central, PsycINFO, and Sociological Abstracts | 16 articles included | relation to ACP; research articles from journals; descriptive, cross-sectional, case-control, cohort studies and clinical trials were included. Excluded articles that did not report intervention or reported only on conceptual planning; comments, editorials, conference proceedings, and case reports | Design, patient population, EMR and non-EMR interventions, and ACP-related outcomes | Outcomes were heterogenous | Majority of studies described EMR components within the context of broader efforts to improve ACP. Five studies indicated ACP interventions that were limited to changes in EMR. Other modalities include patient education and staff education. EMR interventions included documentation templates, order sets, and automated prompts | Evidence suggests that improving ACP has components of leveraging EMR; successful interventions usually include other interventions such as education of clinicians or patients. |

| Lemon et al., 2019 | Level III High quality | Do EMR improve AD documentation? | Databases used: PubMed, PsycINFO, EMBASE, and CINAHL | Inclusion: randomized and non-randomized studies that featured ACP interactions between patients and others Excluded: pediatric studies | Data included study authors, publication date, design, study population, description of EMR system, control groups, and effects on AD documentation | Electronic reminders, templates, decision aids and standard location in the EMR can increase documentation rates of ADs. | Reminders, templates and decision aids can be useful with ACP overall. Additional support through training may be needed to improve AD documentation |
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Legend:

ACP – Advance care plan       AD – Advance Directive       EMR – Electronic medical record
Appendix C

Steps of ACP in Oncology Process

1. At the beginning of the patient interaction, the nurse checks the patient’s EMR for completed advance directive or POLST. No further action needed if an advance directive or POLST is present.

2. If there is no completed advance directive or POLST in the EMR, the nurse acknowledges the EMR alert for *No Advance Directives*.

3. The nurse addresses the lack of advance directives with the patient and covers the following points:
   
   a. The importance of having an advance directive in the EMR.
   
   b. The importance of having a healthcare proxy and how to identify one.
   
   c. The resources available to the patient (print and web) with information on ACP and how to complete the advance directives.

4. The nurse uses the EMR template to document the conversation with the patient.

5. At the next patient interaction (minimum of two weeks after the initial intervention), the nurse reviews the EMR for completed advance directive. No further action needed if an advance directive is present.

6. If there is no completed advance directive in the EMR, the nurse documents the lack of advance directive and notifies the oncologist of the need for follow up.
## Appendix D

### SWOT Analysis

<table>
<thead>
<tr>
<th>STRENGTHS</th>
<th>WEAKNESSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>-- EBP project has strong leadership support from physician, nursing and other administrative leaders</td>
<td>-- Volume of patients seen in the clinic in relation to staff may limit bandwidth and capacity to just performing required procedure</td>
</tr>
<tr>
<td>-- Strong interprofessional collaboration within the medical center across the continuum</td>
<td>-- Recent changes to department leadership can slow down the project as the new leaders are still learning their new roles</td>
</tr>
<tr>
<td>-- Mature EMR makes it easier to implement alerts, documentation templates and centralized location for any proposed changes</td>
<td>-- Competing operational priorities such as the increase in demand for in-person services may lessen the resources provided to the project</td>
</tr>
<tr>
<td>-- Successful ACP practice in nephrology gives the local leadership some successful practices from which to draw</td>
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<tr>
<td>-- Passionate and experienced staff who are not only clinically competent but also familiar with the workflows involving the EMR process means that the change will not be such a significant impact to operations</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>OPPORTUNITIES</th>
<th>THREATS</th>
</tr>
</thead>
<tbody>
<tr>
<td>-- The organization is one of several service areas in the region; a few of the service areas have successful practices that can be shared and leveraged</td>
<td>-- Several competitors have established ACP practices and are meeting the elements of the OCM; patients may choose to seek care from one of these areas</td>
</tr>
<tr>
<td>-- Regional project support and oversight means that the local administration can utilize tools such as training materials, metrics and reports for this project</td>
<td>-- There are other regulations involved with OCM that would need to be addressed beyond ACP implementation</td>
</tr>
<tr>
<td>-- The Oncology Care Model (OCM) value-based payment model can provide the organization with incentives for successful implementation of ACP</td>
<td></td>
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</tbody>
</table>
## Appendix E

### Project Schedule

<table>
<thead>
<tr>
<th>Activity</th>
<th>NUR7801 Week 1</th>
<th>NUR7802 Week 3</th>
<th>NUR7802 Week 5</th>
<th>NUR7802 Week 7</th>
<th>NUR7802 Week 9</th>
<th>NUR7802 Week 11</th>
<th>NUR7802 Week 13</th>
<th>NUR7802 Week 15</th>
<th>NUR7803 Week 1</th>
<th>NUR7803 Week 3</th>
<th>NUR7803 Week 5</th>
<th>NUR7803 Week 7</th>
<th>NUR7803 Week 9</th>
<th>NUR7803 Week 11</th>
<th>NUR7803 Week 13</th>
<th>NUR7803 Week 15</th>
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<tbody>
<tr>
<td>Meet with preceptor</td>
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<td>Prepare project proposal</td>
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<td>Review existing information and baseline data for the project</td>
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<tr>
<td>Present project proposal to key stakeholders</td>
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<td>Get leadership approval</td>
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<td>Get IRB approval</td>
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<td>Identify team members from various</td>
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</table>
## Making Wishes Known

<table>
<thead>
<tr>
<th>Activity</th>
<th>NUR7801</th>
<th>NUR7802</th>
<th>NUR7803</th>
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</thead>
<tbody>
<tr>
<td>Stakeholder Groups</td>
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<tr>
<td>Bring team together</td>
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<td>Develop project aim and charter</td>
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<tr>
<td>Imbed process into EMR</td>
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<tr>
<td>Educate staff on EBP project including how to acknowledge EMR alert and use documentation template</td>
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<tr>
<td>Start implementing the EBP Project</td>
<td></td>
<td></td>
<td>x</td>
</tr>
<tr>
<td>Provide real-time feedback as necessary</td>
<td></td>
<td>x</td>
<td>x</td>
</tr>
<tr>
<td>Meet to discuss potential barriers and celebrate short-term</td>
<td></td>
<td>x</td>
<td>x</td>
</tr>
</tbody>
</table>
### MAKING WISHES KNOWN

<table>
<thead>
<tr>
<th>Activity</th>
<th>NUR7801</th>
<th>NUR7802</th>
<th>NUR7803</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Activity</strong></td>
<td>Week 1</td>
<td>Week 3</td>
<td>Week 5</td>
</tr>
<tr>
<td><strong>Review preliminary findings</strong></td>
<td>x</td>
<td>x</td>
<td>x</td>
</tr>
<tr>
<td><strong>Complete data collection</strong></td>
<td>x</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Data analysis</strong></td>
<td></td>
<td>x</td>
<td></td>
</tr>
<tr>
<td><strong>Present initial results to stakeholder and team</strong></td>
<td></td>
<td>x</td>
<td></td>
</tr>
<tr>
<td><strong>Handoff project</strong></td>
<td>x</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Evaluate outcomes</strong></td>
<td>x</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Develop presentation for dissemination of information</strong></td>
<td></td>
<td>x</td>
<td>x</td>
</tr>
<tr>
<td><strong>Disseminate findings to local leadership and stakeholders</strong></td>
<td></td>
<td></td>
<td>x</td>
</tr>
<tr>
<td><strong>Disseminate findings with regional leaders</strong></td>
<td></td>
<td>x</td>
<td>x</td>
</tr>
</tbody>
</table>
## MAKING WISHES KNOWN

<table>
<thead>
<tr>
<th>Activity</th>
<th>NUR7801</th>
<th>NUR7802</th>
<th>NUR7803</th>
</tr>
</thead>
<tbody>
<tr>
<td>and various peer groups</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Disseminate findings to practice community</td>
<td></td>
<td></td>
<td>x</td>
</tr>
</tbody>
</table>
MAKING WISHES KNOWN

Table 1

*Potential Impact to Financial and Other Resources*

<table>
<thead>
<tr>
<th>Resources</th>
<th>Associated cost</th>
<th>Anticipated Duration</th>
<th>Dollar Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Human Resources</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Project management</td>
<td>Salary/benefits*</td>
<td>120 hours</td>
<td>6,600</td>
</tr>
<tr>
<td>Informatician</td>
<td>Salary/benefits*</td>
<td>16 hours</td>
<td>880</td>
</tr>
<tr>
<td>Education consultant</td>
<td>Salary/benefits*</td>
<td>8 hours</td>
<td>440</td>
</tr>
<tr>
<td>RN staff</td>
<td>Salary/benefits*</td>
<td>75 hours</td>
<td>4,125</td>
</tr>
<tr>
<td>Quality Coordinator</td>
<td>Salary/benefits*</td>
<td>16 hours</td>
<td>880</td>
</tr>
<tr>
<td>Statistician</td>
<td>Salary/benefits*</td>
<td>4 hours</td>
<td>220</td>
</tr>
<tr>
<td><strong>Other resources</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>EMR</td>
<td>Existing resource</td>
<td></td>
<td>0</td>
</tr>
<tr>
<td>Education materials</td>
<td>Customize existing</td>
<td></td>
<td>0</td>
</tr>
<tr>
<td>SPSS tool</td>
<td>Existing with school</td>
<td></td>
<td>0</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td></td>
<td></td>
<td>13,145</td>
</tr>
</tbody>
</table>

*Note.* Anticipated financial cost associated with EBP project implementation in 15 weeks

*Salary/benefits calculated at $55 per hour*
MAKING WISHES KNOWN

Table 2

*Project Outcomes*

<table>
<thead>
<tr>
<th>Time</th>
<th>Pre-implementation</th>
<th>Post-implementation</th>
<th>Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of patients with advance directives</td>
<td>905</td>
<td>882</td>
<td>23 ↓</td>
</tr>
<tr>
<td>Total number of patients</td>
<td>3,971</td>
<td>4,122</td>
<td>151 ↑</td>
</tr>
<tr>
<td>Percentage of patients with advance directives</td>
<td>22.7%</td>
<td>21.3%</td>
<td>1.4% ↓</td>
</tr>
</tbody>
</table>

Table 3

*One-Sample Test*

<table>
<thead>
<tr>
<th>95% Confidence Interval of the Difference</th>
</tr>
</thead>
<tbody>
<tr>
<td>t</td>
</tr>
<tr>
<td>--------------------------</td>
</tr>
<tr>
<td>Percent Change</td>
</tr>
</tbody>
</table>

*Note:* Using unpaired *t*-test at the *p* value of ≤ 0.05, the difference between the pre- and post-implementation data is not statistically significant.
## MAKING WISHES KNOWN

### Table 4

*Measures for Evaluation*

<table>
<thead>
<tr>
<th>Measures</th>
<th>Category</th>
<th>Goal</th>
<th>Collection timeframe</th>
<th>Type of data</th>
<th>Statistical analyses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Documentation using template</td>
<td>Process Measure</td>
<td>40</td>
<td>Monthly</td>
<td>Ratio</td>
<td></td>
</tr>
<tr>
<td>Overtime</td>
<td>Balancing Measure</td>
<td>Zero</td>
<td>Bi-weekly</td>
<td>Ratio</td>
<td></td>
</tr>
<tr>
<td>Overtime Pay</td>
<td>Financial Measure</td>
<td>Zero</td>
<td>Bi-weekly</td>
<td>Ratio</td>
<td></td>
</tr>
<tr>
<td>Documentation using template</td>
<td>Sustainability Measure</td>
<td>&gt;40</td>
<td>Monthly after project implementation</td>
<td>Ratio</td>
<td></td>
</tr>
<tr>
<td>Documentation of advance directives</td>
<td>Outcome Measure</td>
<td>&gt;15%</td>
<td>Every 4 weeks</td>
<td>Ratio, Unpaired t-test</td>
<td></td>
</tr>
</tbody>
</table>
Appendix F

Outline of Education for Staff

Making Wishes Known: An EBP Project for Advance Care Planning in Oncology

Hazel Torres, MN, RN
Post Professional Studies, University of St. Augustine

Objectives:

At the end of the presentation, the participant will be able to:

- Articulate the importance for oncology patients to have advance directives
- Articulate their role in facilitating Advance Care Planning (ACP) conversations to increase completion of advance directives
- Verbalize understanding of how the project improves current practice
- Cite the steps on how EMR is leveraged for the project
Advance Directives in Oncology Patients

- Communicates the patient's wishes to the healthcare team
- Provides clear direction to the healthcare team to align treatment plan with what the patient's desire
- Improves patients' overall experience
- Has been shown to improve clinical outcomes and financial indicators

Why Advance Care Planning (ACP)?

- Evidenced to increase completion of advance directives
- Cited by the Institute of Medicine (IOM) as an important quality indicator in oncology care
- Cited by the American Society of Clinical Oncology (ASCO) as a standard of oncology care
- Recognized by the Centers for Medicare & Medicaid Services (CMS) as an important aspect of the Oncology Care Model (OCM)
How Are We Doing?

• Insert baseline information on the percentage of oncology patients with completed advance directives
• Insert information on the average number of appointments get seen in the department

The Nurses’ Role

• Nurse-led interventions increase patients’ comfort in having ACP conversations
• Nurses in the department have several opportunities to incorporate ACP during their interactions or clinic visits
• Validates the nurses’ role in being advocates for the patients under their care
The ACP and Documentation Protocol

1. At the beginning of the patient interaction, the nurse checks the patient’s EMR for completed advance directive. No further action needed if advance directive is present.
2. If there is no completed advance directive in the EMR, the nurse acknowledges the EMR alert for No Advance Directives.
3. The nurse addresses the lack of advance directives with the patient and covers the following points:
   - The importance of having an advance directive in the EMR.
   - The importance of having a healthcare proxy and how to identify one.
   - The resources available to the patient (print and web) with information on ACP and how to complete the advance directives.
4. The nurse uses the EMR template to document the conversation with the patient.
5. The oncologist is notified of the need for follow up.

Next steps

- Process measures and outcome measures
- Project timeline
- Weekly huddles and check-in
- Questions?