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An IPA Analysis Examining Transportation, Community Engagement, and Healthcare Access of Elderly Adults in a Rural Border Community

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Methods

A mixed methods study using Interpretative Phenomenological Analysis (IPA):

- Employed a constructivist approach
- Explored the lived experiences of individuals in rural America (Smith & Osborn, 2015).
- Approved by the USA IRB
- Recruited using flyers, word-of-mouth, snowballing
- Triangulated three data sources

Findings: Place Standard Assessment Quantitative Results

Findings: Walking Survey Themes

Findings: Semi-Structured Interviews

Discussion

Interpretation of Findings:

Supports
- Strong sense of belonging
- Optimistic about public transit
- Limited social opportunities locally
- Neglected physical environment
- Poor social/environmental determinants

Hinders

Implications:

Occupational Therapy Implications
- Fill gap in OT literature
- Understand efficacy of instruments
- Advocate for Elderly Borderland Residents
- Implement Community-Based OT
- Improve local public health needs
- Collaborate with varied professionals
- Engage diverse stakeholders

References

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